

VTS INTRODUCTION

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Aims

- To welcome you to Greenwich VTS
- To give you an overview of GP Specialist training
- To share with you how to obtain your certificate of training (nMRCGP)
- To introduce you to the processes that will support you
- To become aware of the e portfolio and how it supports your progress

GP Specialist training

- Envelope of training including hospital attachments and time in general practice
- Learning throughout the programme is linked to the GP curriculum
 - www.rcgp.org.uk
- Completion of the programme is obtained by gaining the nMRCGP

Clinical Supervisors

- Speciality Consultant- who will supervise you during each hospital attachment
- Agree learning objectives early in the post
- Conduct CBDs during the post (x3)
- Supervision, support and feedback during the post
- Provide a Clinical Supervisors report at the end of the post



Educational Supervisors

- Experienced GP trainers supported by their own group and program directors
- One educational supervisor for the whole of 3years*
 - Ideally will become your GP trainer
 - Educational support
- Pastoral support
- Review of progress towards nMRCGP



nMRCGP -

- Progress towards nMRCGP takes place throughout the training programme
 - Work Place Based Assessment (WPBA)
 - Undertaken in hospital posts and general practice
 - Applied Knowledge Test (AKT)
 - Clinical Skills Assessment (CSA)
- The RCGP website contains full details of the nMRCGP

e-PORTFOLIO- WPBA

Developmental in Approach

“a process of monitoring a student’s progress through an area of learning so that decisions can be made about the best way to facilitate future learning”

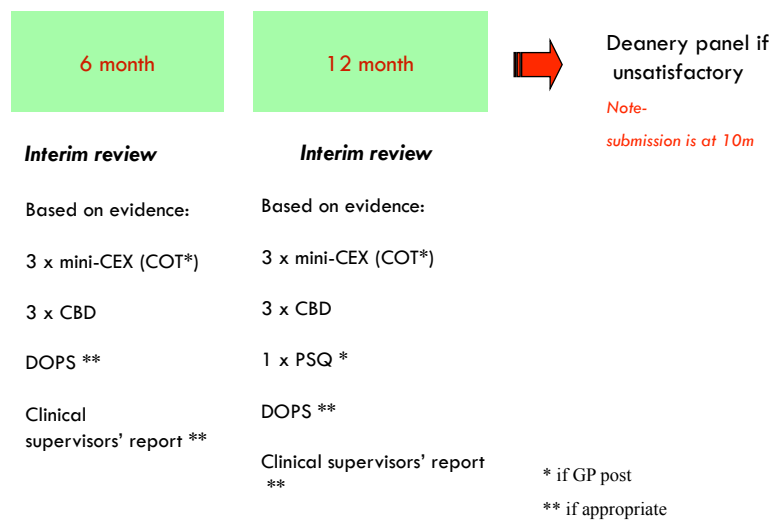
WPBA

- Based on a Competency Model with assessments
- 12 competency areas are included
- Developmental progression statements for each competency area with descriptors
- Process is learner led

WPBA assessments

- Similar in format to Foundation Assessments
 - Case based Discussion (CbD)
 - Consultation Observation Tool (COT) – in hospital placements this is undertaken as a MiniCEX
 - Direct Observation Procedural Skills (DOPS)
 - Multi source feedback
 - Patient satisfaction (only when in GP practice)

Workplace-based assessment in hospital posts



Workplace-based assessment in hospital posts

18 month

24 month



Deanery panel if unsatisfactory

Note-
submission is at 22m

Interim review

Based on evidence:

3 x mini-CEX (COT*)

3 x CBD

DOPS **

Clinical supervisors' report **

Interim review

Based on evidence:

3 x mini-CEX (COT*)

3 x CBD

1 x PSQ *

DOPS **

Clinical supervisors' report **

* if GP post

** if appropriate

Workplace-based assessment in GPR

30 month

36 month



DEANERY SIGN OFF ☺

☹ Deanery panel if unsatisfactory

Note-
submission is at 34m

Interim review

Based on evidence:

6 x COT

6 x CBD

1x MSF

DOPS **/ PSQ

Clinical supervisors' report **

Interim review

Based on evidence:

6 x COT

6 x CBD

1x MSF

DOPS **/PSQ

Clinical supervisors' report **

* if GP post

** if appropriate

e-Portfolio

- Document your learning and assessments
- Web based and password protected
- GPSt led- **You** are responsible for it
- Input from educational supervisor/trainer
- Allows you and trainer to check progress and breadth of education
- Evidence added by you validated by trainer
- You will need to INPUT into it

(Demo)

AKT

- MCQ- organised by RCGP
- Computer based, 3hrs
- Offered 3x per year
 - AiT £ 414
 - Non AiT £ 460
- Can be taken any time during training
 - Suggest: ITP/GPR yr

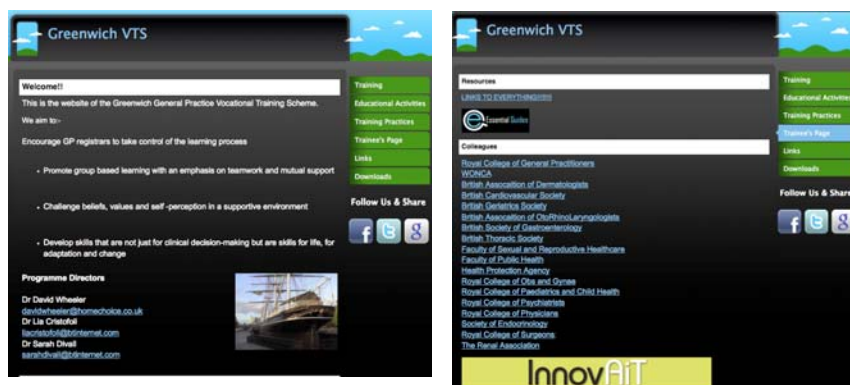
CSA

- Practical exam of your ability to consult
- OSCE style
- Offered 3x per year
 - AiT £1389!!!
 - Non AiT £ 1542!!!
 - Croydon!
- Suggest taking this in GPR yr (early on if possible)

Books



Links: www.greenwichgptraining.org



What happens if I have a problem?

- Talk to your clinical supervisor
- Talk to your educational supervisor
- Talk to the VTS Course Organisers
- Talk to your peers
- Let us know early



That's a lot from us

Time for your questions.....

?? ??

(we might know some of the answers....)

Roadmap for education and study for GP StRs

Ngozi & Junaid



TIPS and RESOURCES

GP
Specialty
Training is
NOT an
individual
race, but
TEAM
EFFORT!

Always study/ work with the GP
curriculum in mind

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graph TD; Education --> personal; Education --> Group; personal --> Books_journals[Books, journals]; personal --> E_learning[E-learning]; Group --> VTS_Courses[VTS & Courses];
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Education: like an athlete develop skills by repeated use of your own style in personal study

**personal study:
journals & e-learning**

Journals

- InnovAiT
- BJGP
- BMJ; London Journal of Primary Care
- E-Journals of interest
- Others: specialty specific books

Interactive or E-learning

- www.rcgp.org.uk,
- www.essentialguides.org.uk
- eLfh (the e-GP – rated 5 star)
- Eku (essential knowledge update)
- nPEP (by RCGP Scotland)
- Others: doctors.net; onmedica

Tips on e-learning (e-GP, Eku & nPEP)

- **Identify** learning need, e.g. pt you saw (PUNs & DENs)
- **Don't limit** yourself to books – E-learning is powerful, interactive, has links to latest evidence & guidelines
- **Experiment** with the websites – e-GP links directly to your e-portfolio with the relevant curriculum heading – ticks all the boxes for you Free as well!

Top Tips: 2 entries per week in the e-portfolio!
Configure your PC to link learning to e-portfolio (e-GP)!!

Group study: VTS & courses

Our VTS is a cohesive group where everybody has a say in what goes on. Those who have left us are missed and those arriving are welcome! There is always a gap you can fill.

- www.greenwichptraining.org

- Who are we? You are now us!

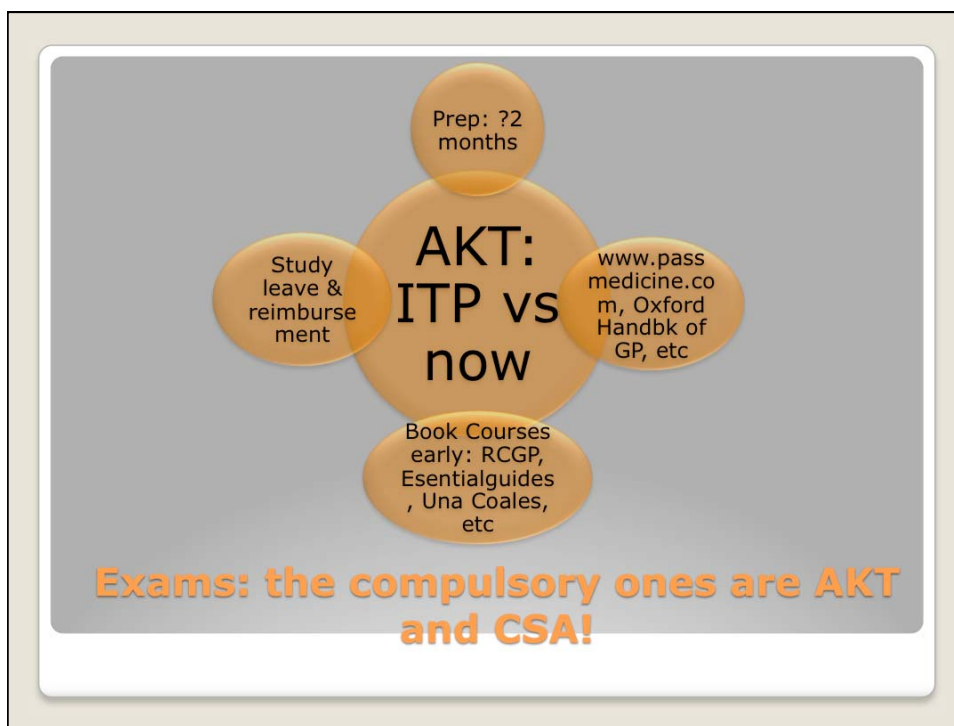
- **VTS half-day release (2 halves in a half day!):**
- Your contribution early on is vital! Take some responsibility **in presentations, in journal club soon starting, bring a case with you!**

Social secretaries needed:

- + We also have a group on facebook. Join us today!
- **Website development**



Greenwich VTS – lots of peer and trainer support & fun VTS!



DFSRH

- Expense an issue. Book early as long waiting list for theory and practicals. Contact (practicals): jane.dickson@nhs.net
- Theory soon to be online module
- Can claim reimbursement

DRCOG: only written

- Expense.
- Good books available. Do in O&G job or ITP/Reg yr/psych.job
- Oct. & April:
- www.onexamination.com (30% discount for BMA members)
- Can't claim reimbursement ☹

DIPLOMAS: useful but not mandatory

DCH: part 1 & 2

- Has theory paper and also OSCE
- When best to do for the bravehearts? – Paeds job quite busy
- GOSH course very good
- **Other diplomas:** Dermatology; Elderly Care; Cardiovasc. Medicine. Just google them if you are interested
- Get a BMA or MSc? Research?

Courses

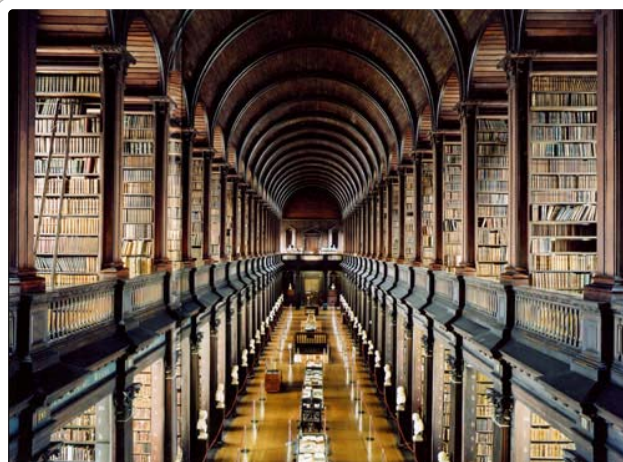
- GP masterclasses: BMJ, NBmedical.co.uk
- Child health surveillance – I would say a must for an ST3!
- www.essentialguide.org.uk: Specialty-based, etc

Diploma & courses – non-mandatory



Other Top Tips

- ❖ In your ITP job you must remember your 5 MSF + 40 PSQs
- ❖ 6-month sign-off by 5 months into the job
- ❖ 12-month sign off latest 6 weeks before end of ST1 or ST2.
- ❖ E-portfolio: Foundation DOPs not needed. Concentrate on the others. (More in e-portfolio demo)



Other Top Tips: websites

- ❖ GP section of the London deanery
- ❖ Gpnotebook.co.uk
- ❖ CKS NHS: useful up to date information – concise and authoritative resource
- ❖ www.dermnet.nz



Now PUT
YOUR
RUNNING
SHOES
ON!

Thank you for listening! Question time